



# ROCK NEWS



## THE ROCK - LAST YEAR IN BRIEF

### £316.06 FOR CHILDREN IN NEED

Rock young people took the lead in planning a day full of activities from leg waxing, a bake sale, sports activities and finishing with a band night! £316.06 was raised and they are already thinking of how they can beat that next year!

### NEW LOOK

The main area of the Rock Centre has been given a make-over: new floor covering, new serving counter, new sound desk and a new lighting rig.

It has transformed the atmosphere for live music events and other programme activities.

Staff from Nike Outlet Factory Shop in Tillicoultry volunteered their time to paint the walls, giving it a fresh new look.

### STIRLING YOUNG ACHIEVERS

Young people from The Rock were among those whose achievements in the community were celebrated in an evening arranged by Stirling Youth Partnership.

Janice Hewitt - Director of Community Services, Stirling Council commented, *"What a fabulous event, I think the Stirling Youth Partnership should be very proud of all the work it has done this year and this event was a real celebration of all the excellent work all the staff and the young people have put in ...it is going to be a very hard event to beat in the future."*

#### Future REFRESH Seminars

- Climate Change
- Children's Rights
- Mind Matters
- Lasting Impressions
- Laughter, the Best Medicine
- .... And many more

Don't miss out. E-mail Christine to get your name on the REFRESH e-mailing list.

### A PLUS FOR THE ROCK

PLUS is an organisation that works with young people with additional support needs. In August Rock and PLUS youth workers had a discussion about Café CAST (the Rock's drop-in youth café) being a base for PLUS young people with support staff.

A pilot scheme with 5 young people from PLUS was launched, and the experience has been so positive, promoting inclusiveness and acceptance amongst different groups of young people, that it is hoped to increase the number of PLUS young people over the next year.

#### YOU can help support The Rock

- by becoming a member,
- by helping financially,
- by getting involved personally in existing ministries,
- by contributing your ideas and expertise for the development of new ministries.

Contact **Christine** at The Rock  
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### APPRECIATION FOR CITY CENTRE CHAPLAIN

Andy Kennedy, City Centre Manager with Stirling Council, understands the value of The Rock's Chaplaincy role within Stirling.

In his opinion, *"If Stirling is talking about being a city for the 21st century then the activity undertaken by Douglas as City Centre Chaplain should be recognised as a core element contributing to the well being*

*of one of Stirling's key communities - the retail sector employees."*

### THE CRUNCH

**Money Matters** have begun to appear on the radar for many people over the past year. The Rock has a team trained to help in this area.

Look out in next month's *Rock News* for timely tips from the Money Matters team.

### LINK WITH START-UP STARTS UP

**Start-up** is an inter-church charity for people moving from homelessness to housing. A close, supportive link between The Rock and Start-up was forged in 2008.

### STIRLING SCHOOL OF ENGLISH MOVES IN

The **Stirling School of English** is a voluntary organisation providing **free** English language tuition to all whose first language is not English. SSOE now operates in The Rock Centre three days a week.

### SEMINARS BRANCH OUT

An in-store **REFRESH** seminar ran for BHS Staff in the Thistles Centre in the summer of 2008, arranged by the City Centre Chaplain, and delivered by Dr. Jane Gallacher of the Rock.

Although the monthly **REFRESH Seminars** are extremely successful, and will be continued, lunch-time is not ideal for some.

The BHS event is the first of a number of different models and formats, which will try to make some of these important and popular events accessible to a wider audience.

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The Rock Community Project is a charitable company limited by guarantee and registered in Scotland.

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